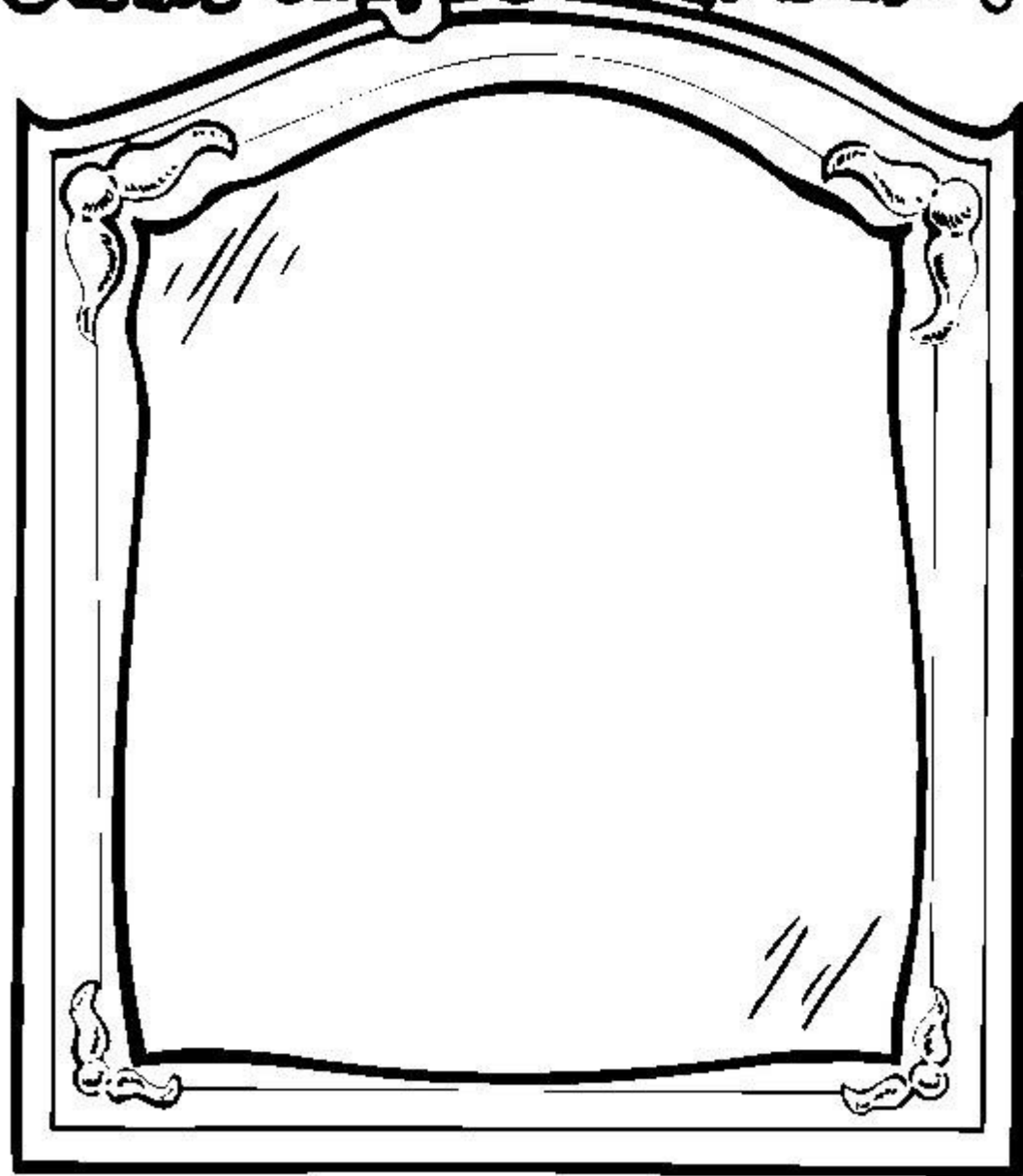


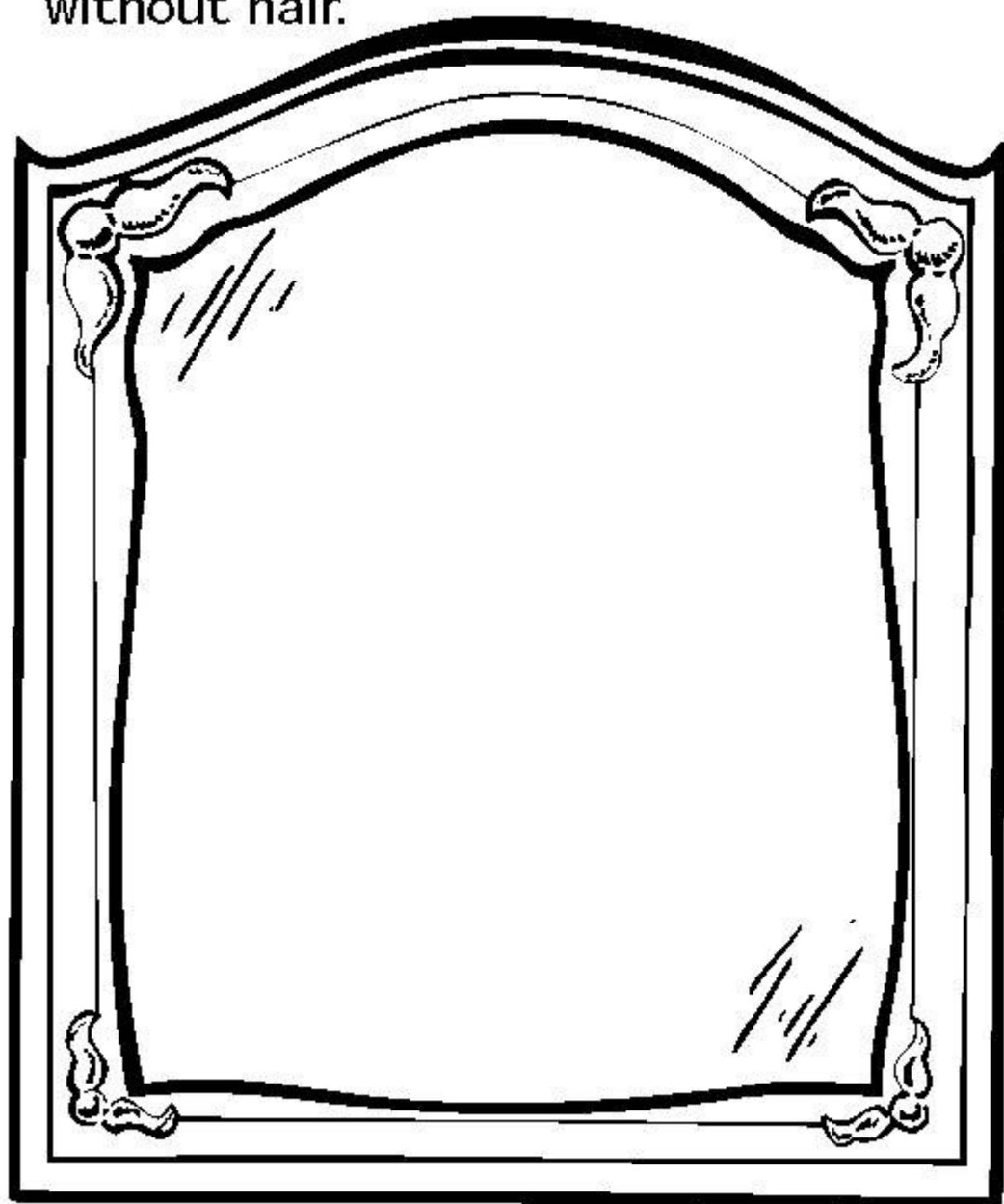
My name is \_\_\_\_\_

# What do you look like?



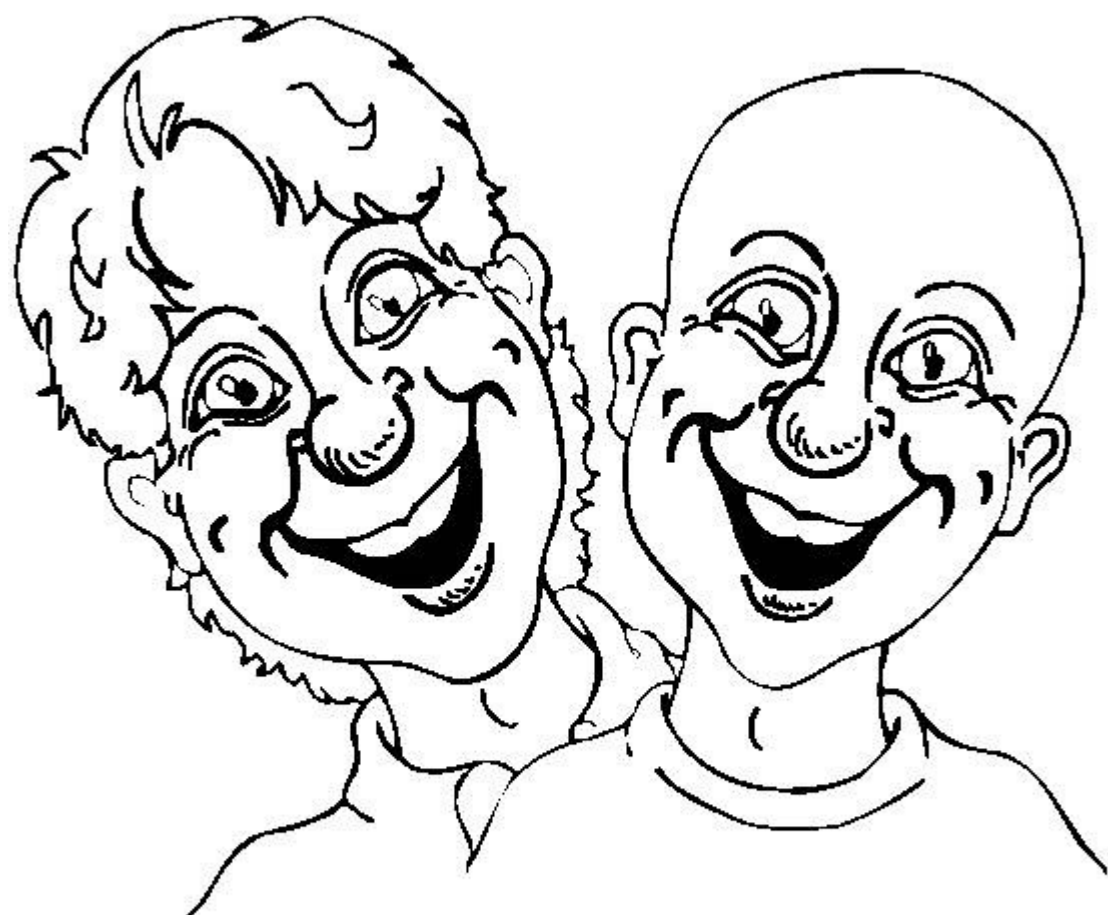
Draw your picture.

Now, imagine what you would look like without hair.



**DRAW your picture.**

Sometimes kids don't have hair.  
It is just a part of how they look.  
Do you have brown eyes?



If you do, you know that it is just a  
part of how you look. It doesn't make  
you nice or mean, or dumb or smart.

What if someone teased  
you because you have  
brown eyes?



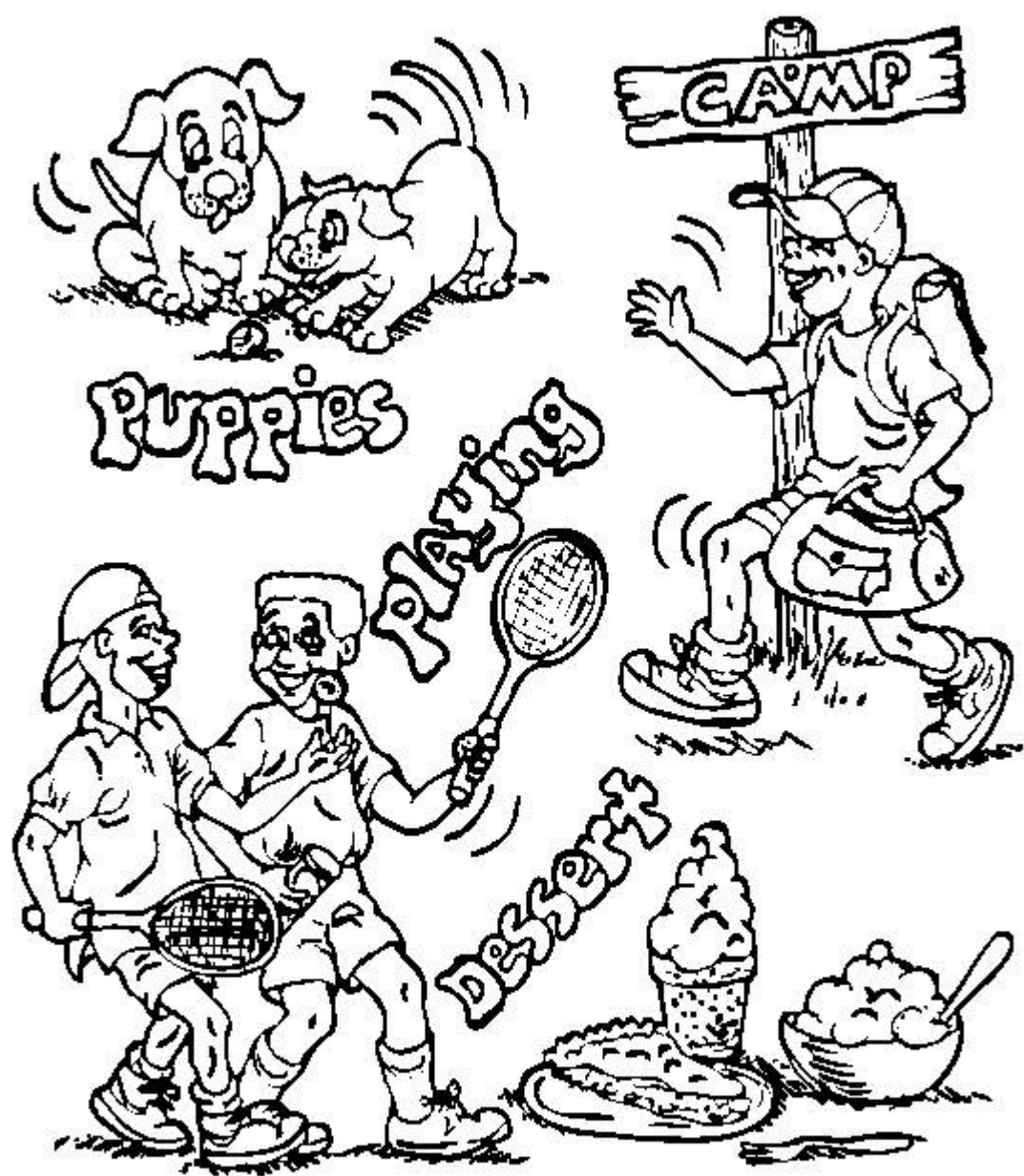
It would make you sad,  
because you know that who you are  
is more important than how you look.

Usually people have hair,  
but sometimes they don't.

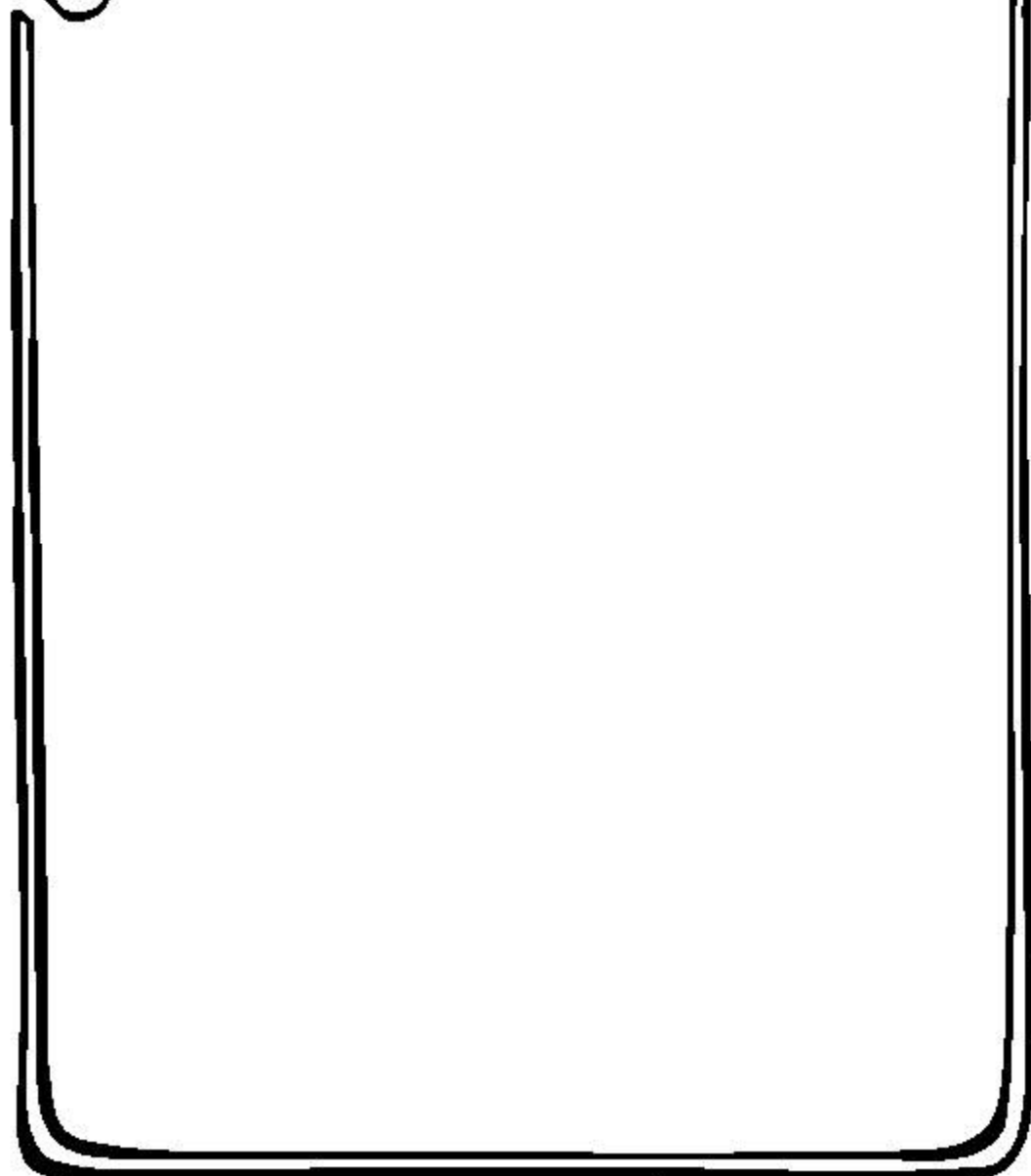


Kids with no hair might look different,  
but they really are the same as you.

They like a lot of the same things you like:

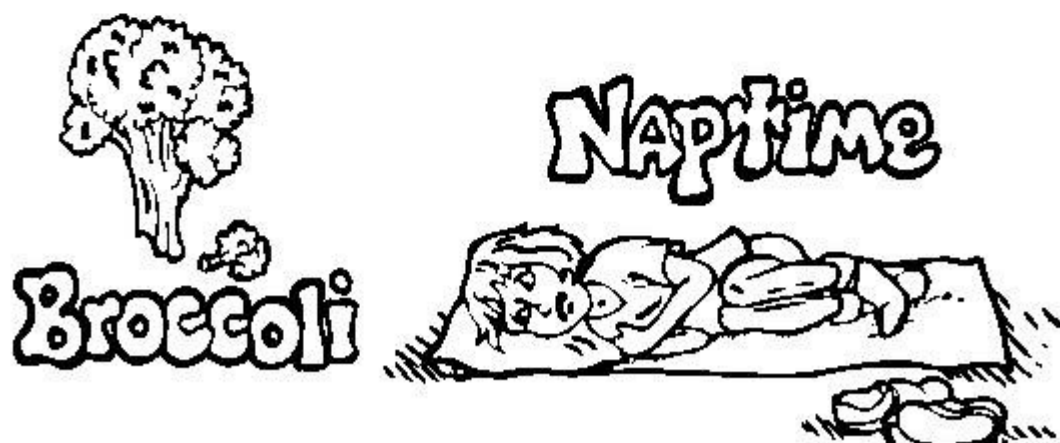


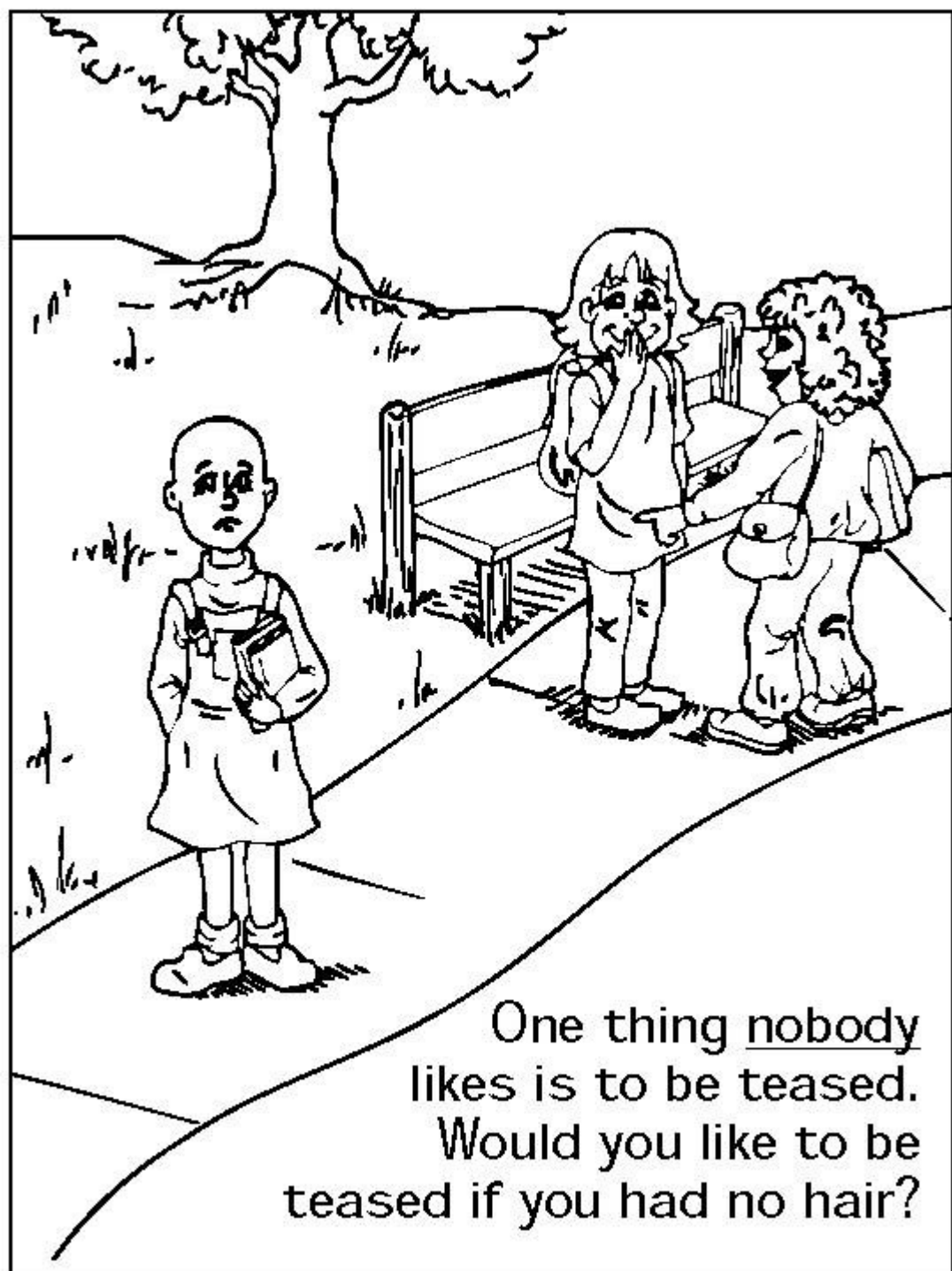
**DRAW some other things  
you like.**





They also don't like a lot of the same things you don't like:





One thing nobody  
likes is to be teased.  
Would you like to be  
teased if you had no hair?

**What are some more  
things you don't like?**

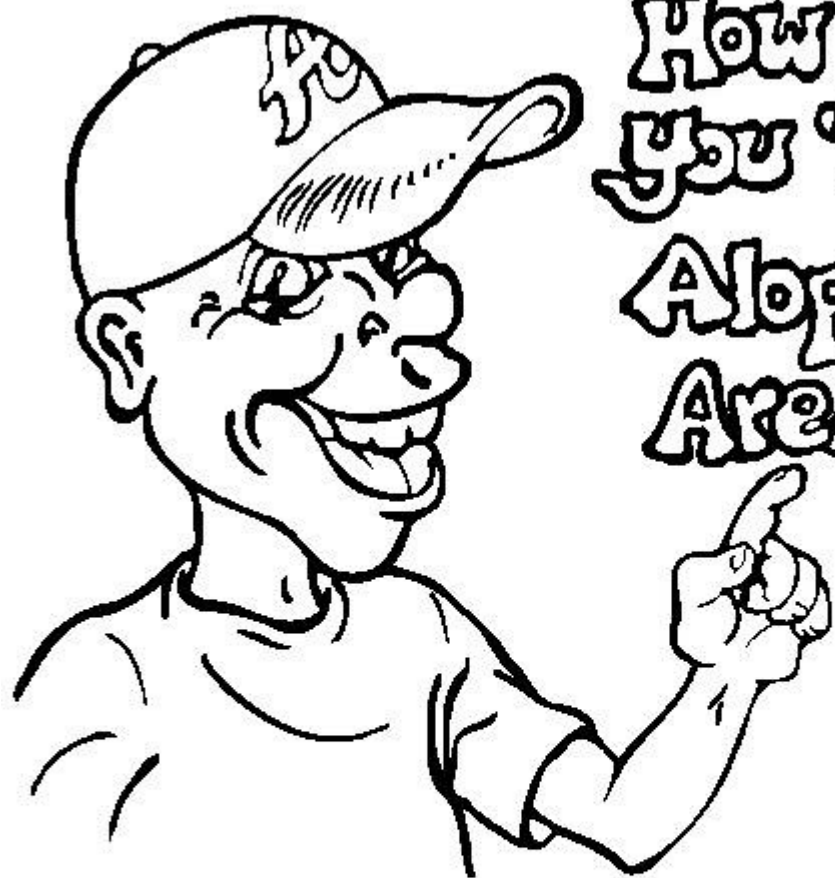
A large, empty rectangular box with rounded corners and a double-line border, intended for writing answers.

When people have no hair, it is sometimes called Alopecia Areata.

(Al-o-peesh-A  
Ah-ree-Ah-ta)

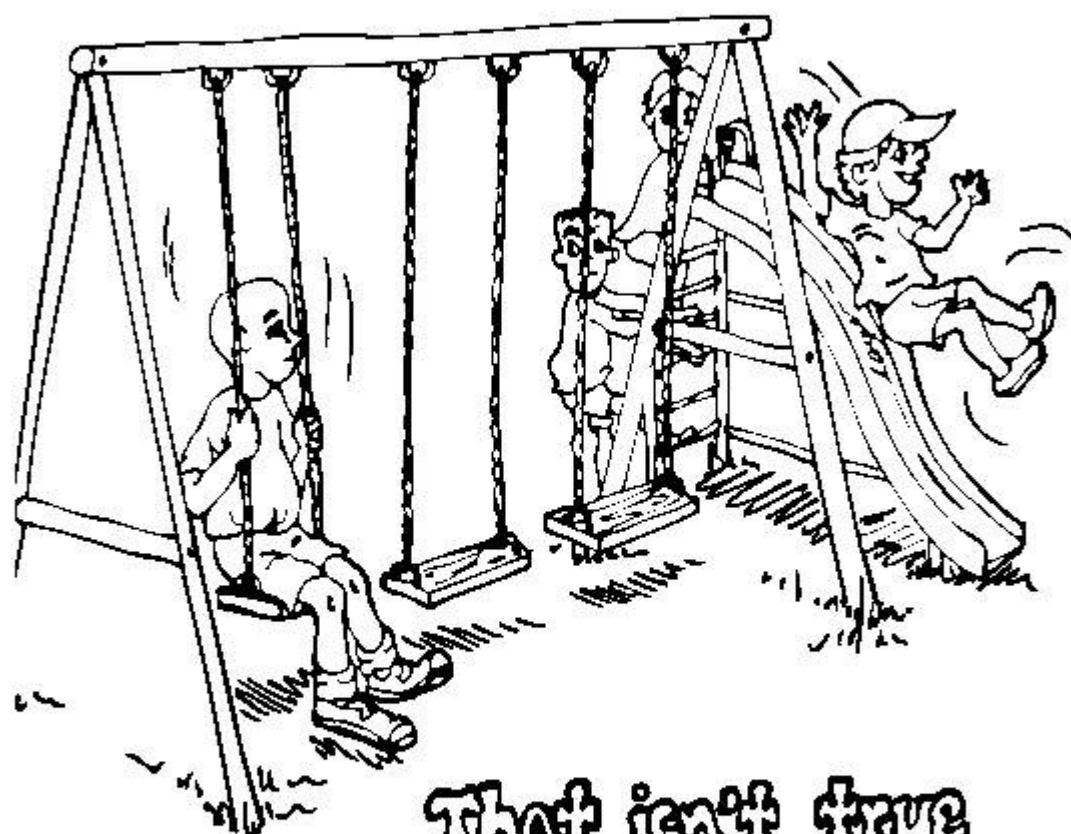


That's a big word. If you can learn it and know what it means, you are doing great!



How do  
you "get"  
Alopecia  
Areata?

Sometimes kids are afraid that if they play with someone who has no hair, they will lose their hair too.



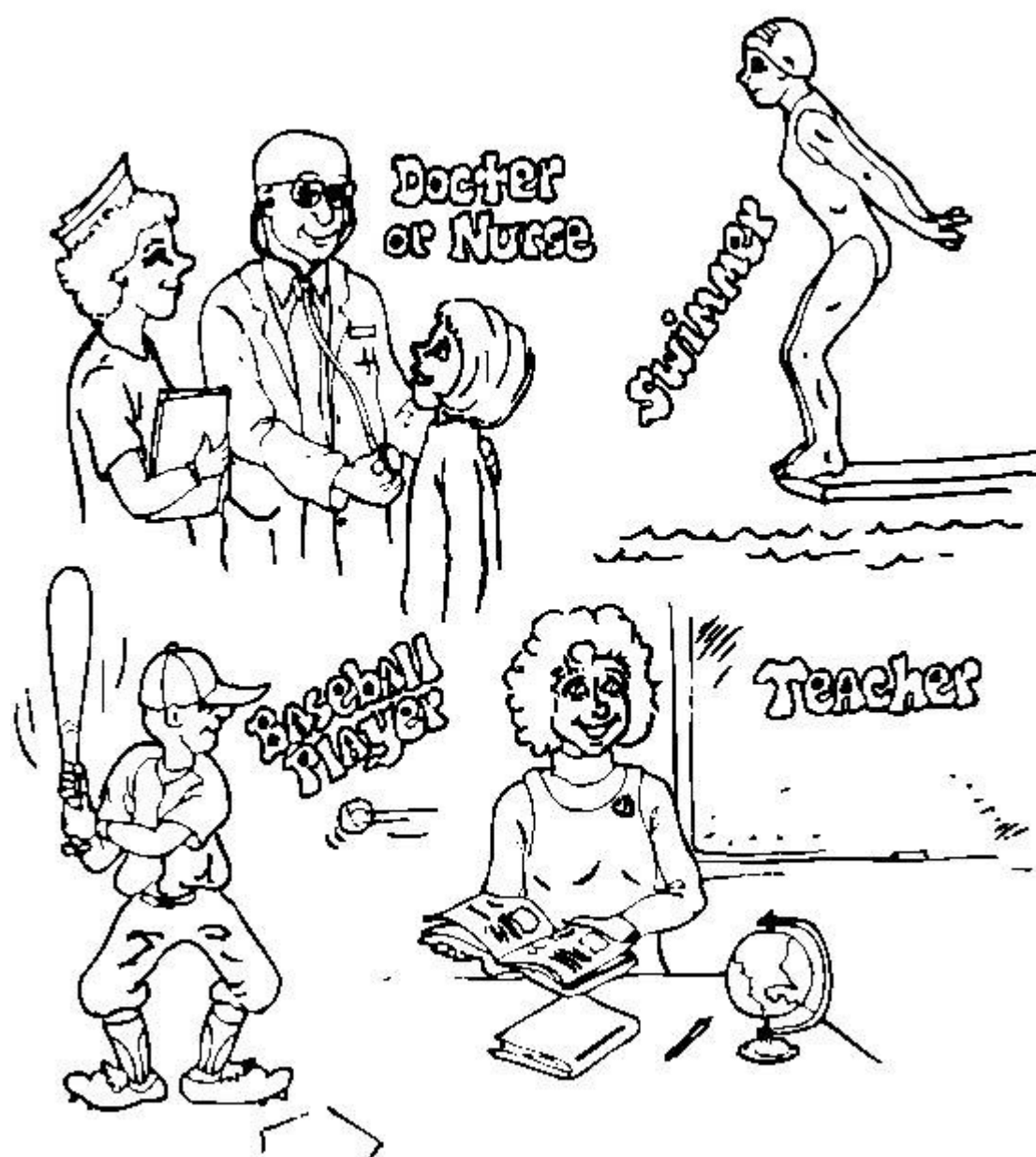
**That isn't true though. You don't have to be afraid.**

If someone who has a cold sneezes on you, you might catch a cold too.



But it is impossible to "catch" Alopecia Areata!

Remember, everyone is special. People with no hair can be anything they want!







We hope you have had fun coloring  
these pictures and learning.



**Now show this book to  
someone you know so  
they can learn too!!**