

***Glynis* I would never have had such a diverse wardrobe if I'd had my hair!**

In early 1994 I was brushing my hair and picking up the sides to put in combs and as I lifted the right side up there was no hair behind my ear and down to the nape of my neck. I was 36 years old, I had no idea what had happened!

I went to work and showed my best friend, Tina, and she said "You have Alopecia". I had never heard of Alopecia before.

I went to the doctor and was told it was an Autoimmune Disease and there was no cure.

I was grateful that it was hidden by the rest of my hair, and that if I was going to get an Autoimmune Disease it wasn't some of the life destroying ones I'd heard about.

Over the next 10 years I continually had bald spots appear on various part of my scalp, this gave me the opportunity to try many different hair styles. All grew back except the original spot, I thought that was strange!

About 2010 the regrowth was white, I felt like a reverse Dalmatian! I decided to buy a wig.

By 2013 I had a head of beautiful sparsely scattered white hair. Then it all fell out.

2015 came and I didn't have a hair on my entire body. I had my eyebrows tattooed on, but heard that the eyeliner tattoo was painful so chickened out and bought some eyeliner pencils.

In 2016 some hair started to come back, not on my head of course, on my face. Some tufts appeared on my head and on my arms and other parts as you can imagine.

Now in 2017, the cycle is starting again, the tufts fell out on my head first, then thinning of hair everywhere else, so I'll have to go to the tattooist again shortly.

There are so many options available, I have scarves and hats and a wig, I would never have had such a diverse wardrobe if I'd had my hair!



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