

Jane..... I live my life like any other healthy , normal woman

Hi , my name is Jane and I live with Alopecia Areata.

My diagnosis came 16 years ago and changed my life forever. At that time I had both of my children who were 7 and 4. They have grown up with Mum and her 'hair' so 'Margory' was its nickname.

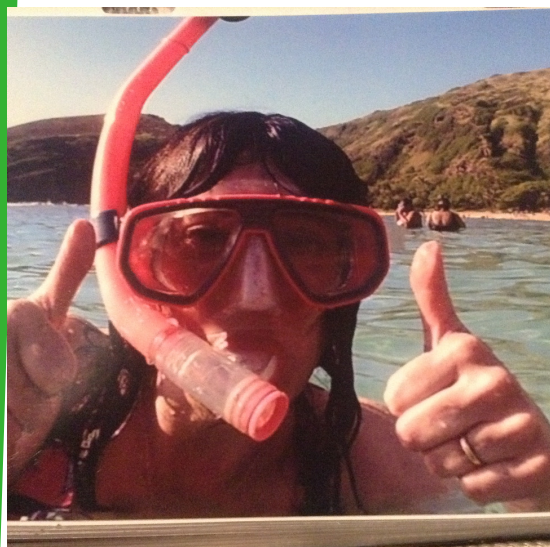
My husband David is very supportive and I consider myself very lucky. I hope one day in my lifetime science will find a cure for this inconvenient disease. For now however, I live my life like any other healthy , normal woman and having this disease doesn't impede on that.

My daughter Laura who is now 22 , worries about developing Alopecia , as my Mother and Brother also have it. It's very hard as a mother to see your children worry about things they cannot control. As a female ,Alopecia is a distressing thought.

In 2015 I was diagnosed with breast cancer . Another hurdle life has thrown my way, but my children and in particular my daughter have seen me 'roll with the punches' .

My consistent message to her is 'if I had to choose Cancer or Alopecia I'd take Alopecia any day' . It's an inconvenience but it's not a threat to my life !

I happily share my story and positive attitude with others in the hope that they too see that all is not lost , just your hair !!



I have attached photos of my daughter and I holidaying in Hawaii and my favourite moment was snorkelling Hanamau Baywith my wig !

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