

# Laura.....I love me for me! My hair does not define me , if anything it has really opened up my eyes to the world around me!

I lost my hair and body hair to alopecia universalis 11 years ago this September, I will never forget the day I visited my local doctor and showed him my hair thinning every time after I would wash and brush it , only to be told "Laura you have alopecia universalis you will lose every inch of hair on your body "! I didn't know what to say?! So I cried and cried and couldn't stop until my family doctor gave me a hug and said it's going to be ok"!

That night I went home to my husband and had to tell him his wife was going bald , so much running through my head , our daughter was only 13 months at the time (now almost 12 year old) , we had just brought our first home and I was applying for work after having our daughter , and got the job at best and less and couldn't take it as how was I supposed to face the world looking like this!!!!

I remember after a long conversations and lots of hugs with my husband , we were laying in bed that night and I still remember him saying "it's ok Laura we will just slap a wig on your head " so funny , at that moment I realised my husband loves me for who I am , not my hair so I should be doing the same!

11 years on I have 3 beautiful daughters who don't mind telling their friends "why their mum has no hair?!" They simply just say "oh she just has alopecia , not sick "! I go to work with only a hat on and work with customers face to face and get to tell my story numerous times a week to my curious customers haha!

I love knee boarding behind our boat of course with no hat. I have been told once or twice "Laura you look like a 14 year little boy skiing behind that boat "hahaha! I love me for me! My hair does not define me , if anything it has really opened up my eyes to the world around me! Thankyou for listening to my journey with alopecia !



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