

## **Nikki .....I hope it grows back and doesn't happen again.**

Hi my name is Nikki and I'm 13 years of age, turning 14 in June.

When I was 12 years of age I first had Alopecia Areata.

I had several bald spots on my head, and I was in year 6 at the time. It was during winter so I wore a beanie then after 2 terms it grew back.

A few months later my hair began to fall out again, this time in more spots, and I had to wear a bandanna at school so no one would see. It grew back really thick.

In September 2013 my hair started falling out very quickly and I had hair on my pillow every morning. I wore some really bright bandannas that my mum bought me and by Christmas all my hair fell out.

I have lost my eyelashes and eyebrows and have no hair on my arms or legs. I am now wearing a wig, as I am completely bald, which I bought at Bonnie Wigs in Adelaide, and I used the Wigs for Kids voucher to put towards the cost of the wig.

The kids at my school are very understanding, my teachers have spoken to my class and explained the condition.

My friends are really nice to me, and some people don't even know that I am wearing a wig.

My mum also has Alopecia Areata which she has had since she was 12.

I hope it grows back and doesn't happen again.

