

***Kate....* I don't mind that people know I don't have hair, it's part of who I am.**

I started losing my hair when I was 13, it was still there but just thin. I always had comments like your hair is so thin, doesn't it grow? I think I saw everyone there was possible & heard every recommendation possible.

It wasn't until after having my 3 children that my hair really went thin, I was goggling, during the wee hours of the morning breast feeding that I stumbled across Freedom Wigs & Angel Wigs in Melbourne.

I decided to go along & meet Angela, my husband encouraged me to give it a go, he said there was nothing to lose! I honestly believed I was doing it for my children so that they wouldn't be 'embarrassed by me' as they get older.

To say that it has been life changing is an understatement. I feel for the first time that I am in control of my hair loss. I am confident to talk about what alopecia is & what my choices have been.

Doing it for my children has become one of the very last reasons I did it, for once I did something for myself.

My 5 yr old son talks about his freckles & that he doesn't like them. It has been good to talk to him about my hair & that there are some things that we don't like in life, but we need to just accept it. He said to me as I was putting on my wig one day, 'You wear that so people don't know that you don't have hair'. I said without reservation 'I don't mind that people know I don't have hair, it's part of who I am'.

