



BLADERUNNERS DRAGONBOAT COME AND TRY 7TH JANUARY 2018

Bladerunners Dragon Boat Club are holding a Come And Try session starting at **9.30am**. at Oarsman Reserve, Military Road, West Lakes

Head out on to the water in a fully dressed Dragon boat and see what it is like to paddle in a fun and determined team.

No matter what your experience we want you to come have a try and you never know you may fall in love with the sport as so many of us have.

WHAT ARE YOU WAITING FOR!!!!

Bring a bottle of water and clothes and shoes that might get wet!

TRAININGTIMES

MONDAY 6:15PM- 7:30PM
THURSDAY 7:15PM- 8:30PM
SUNDAY 9:15AM - 10:30AM

FAMILY FRIENDLY CLUB

**ALL AGES WELCOME
FROM 12 UPWARDS**

**MEET NEW FRIENDS
WHILE GETTING A
GREAT FITNESS
WORKOUT**

**SUITABLE FOR ALL
FITNESS LEVELS
WE SUPPLY THE
PADDLES, COACHING
AND PFD'S IF
REQUIRED**

BLADERUNNERS DRAGONBOAT CLUB

Aquatic Reserve, Corner Bower
Rd and Old Port Road,
West Lakes

Phone: 0459 246 559
bladerunnersdbc@gmail.com