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ALOPECIA TRAVEL TIPS

PASSPORT PHOTOS

Scarves and wigs are allowed in passport photos

They need to be plain or natural looking, and you must be able to see your whole face clearly, from forehead to chin and the sides of your face.

AIRPORT SECURITY

What to expect

You may be asked to remove headcovering by airport staff. You should be able to ask for a private space to do so.

WHAT ELSE TO BRING

Some items can help make travel easier

Antibiotic wipes can clean wig bases. Eye drops can help recover from low humidity and dry air on planes. A wig stand that packs flat is a great help. A turban, scarf or hat can be lower maintenance than a wig. A hat with a cord can be more secure during adventure travel.

CHECK YOUR INSURANCE

Are wigs covered?

Double check your travel insurance to see if your wigs are covered, and if so, for how much and under what conditions.

SUN SAFETY

Take care of your scalp and your eyes

Sunblock, wide-brim hats or beanies, swimming caps and sunglasses are all important for people with alopecia when outdoors. Snow can reflect UV, so travel in cold climates still needs sun safety.

PACKING WIGS

Transport wigs with care to prevent damage

Wigs can be transported in their original box, or in a hair net with some padding in the base and the locks tucked in so they can't tangle. All wigs should not be crushed. Suction wigs will need extra support so the base doesn't get damaged.

